

What VCCI members are saying...

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“Without the help of my health coach I feel I would **NOT** have made the changes in diet and exercise.”

“She was there for me. She was always available and called me regularly.”

“They are very compassionate and understanding people. I wouldn't have made it through without their help.”

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The Office of Vermont Health Access has teamed up with APS Healthcare to offer you VCCI—a free service to help you manage your health.

APS Healthcare VERMONT

VERMONT
CHRONIC CARE
INITIATIVE

Healthy Together

208 Hurricane Lane
Williston, VT 05495

866.900.5004

Visit our
website for
searchable
health info:



www.VTCCI.com



Take
CARE

APS Healthcare VERMONT

VERMONT
CHRONIC CARE
INITIATIVE

Healthy Together



The Vermont Chronic Care Initiative (VCCI) is here to help you take care of yourself so that you feel your best.

We can help you...



Important Numbers

Nurse Health Coach:

866.900.5004

Toll-free

Monday – Friday, 8 am – 6 pm

Here's how we help:

We provide a **Nurse Health Coach.**

A nurse health coach is here to help you understand your health and make goals for improving your health. Your coach will talk to you and send you information about healthy living.

Our registered nurses can help answer questions you may have about your health. They can give you the information and support you need to take good care of yourself.

These services are **FREE** to all eligible members.

Interpreters are available for non-English speakers.

Intérpretes están disponibles si esta necesitado.

Les interprètes sont disponibles.

For members with a hearing or speech disability, dial 711 to use the Vermont Relay Service.

- * Find (and go to) a primary care doctor
- * Make regular medical appointments for screenings and care
- * Get ready for your medical appointments
- * Find transportation to your medical appointments
- * Talk to your doctor about your health
- * Get follow-up care after you go to the hospital
- * Find other state and community services that meet your needs including help with food, clothing, housing, medication, transportation, support groups or other needs

If you have been assigned an Office of Vermont Health Access (OVHA) Care Coordinator call:

Addison/Rutland

802.786.5838

Bennington

802.447.2883

Caledonia/Essex/Orleans

802.748.8157

Chittenden

802.651.1884

Franklin/Grand Isle

802.527.4085

Lamoille

802.888.0534

Orange/Washington

802.479.4270

Windham/Windsor

802.251.2094